

# BagelTowne Chopped Salad!

## Choose Greens (Pick up to Two)

Romain/Iceberg Mix       Spinach  
 Spring Mix

## Choose Veggies (Pick Four)

Alfalfa Sprouts       Green Pepper  
 Broccoli       Red Onion  
 Carrots       Red Pepper  
 Celery       Tomatos  
 Cucumbers       Marinated Beans  
 Peppercini Pepper       Red Beets

## Choose Toppings (Pick Three)

Almonds       Dried Cranberries  
 Bacon Bits       Garbanzo Beans  
 Black Olives       Kalamata Olives  
 Chopped Egg       Raisins  
 Chow Mein Noodles       Sunflower Seeds  
 Croutons

## Choose Cheese (Pick Two)

Feta       Shredded Cheddar  
 Shredded Mozzarella       Swiss  
 Shredded Parmesan

## Choose Main Course (Pick One)

Turkey Breast       Chicken Salad  
 Chicken Breast       Egg Salad  
 Tuna Salad       Veggie Tuna  
 Avocado       Whitefish Salad (\$1.00)

Extra Main Course (\$3.50): \_\_\_\_\_

## Dressings (Pick One)

Oriental Sesame       Lemon Dressing  
 Oil/Vinegar       FatFree Honey Mustard  
 Blue Cheese       Balsamic Vinaigrette  
 Ranch       Caribbean Mango  
 Italian       Cranberry Citrus  
 Caesar       1000 Island

## Extras

Avocado (\$1.50)

DINE IN: \_\_\_\_\_

TAKE OUT: \_\_\_\_\_

Name: \_\_\_\_\_ Table: \_\_\_\_\_